

Couse Description – 10 KM Race

Welcome to the **OMT Beirut Marathon 2023!** In this map, you will find everything you need to know about the 10 KM Race Course and the stations along the way.

Let us introduce you to the stations along the way;

Water Stations: Water Stations are found at the Finish Line and every 2.5 KM along the course. Make sure you hydrate well during your run!

Fruits and Gatorade Stations: Fruits and Gatorade stations are found along the Marathon and Half Marathon course only to keep you fueled along the way.

Lebanese Red Cross: The Lebanese Red Cross Volunteers and Medical team along with Beirut Marathon Organizers, Cyclists and Marshals will be stationed all along the course of all races on the race in case of any assistance needed.

Beirut Marathon Medical Team: Different Medical Stations and Mobile Hospitals are placed along the Marathon & Half Marathon course route and Finish Line in case of any incidents and medical assistance.

Electronic Timing: The MyLaps timing system and checkpoints are along the course of all times races to ensure fair play. Make sure you cross all the checkpoints to get your official results.

Lebanese Athletic Federation: LAF judges are present along the course and Finish line of all timed races to ensure accurate results.

Toilets: Male & Female Toilets are present along the course for your convenience.

Recycling Stations: After each water station, you will find a Recycling Station to ensure the bottles go to our partner-recycling facilities. Please ensure you throw the bottles in the proper locations.

Entertainment Stations: We have placed cheering and entertainment stations along the course of all the races and Fun Run to keep you motivated and finish your race with a smile.

Course Description:

The 10 KM Race starts from Beirut Waterfront and goes right towards Zeitounay Bay; we turn right to go all the way inside Beirut Waterfront, making a U Turn and coming back towards St George Yacht Club all the way towards Corniche Beirut to reach Luna Park.

We turn and come back on the same route on the other side of the road reaching Phoenicia Hotel. We go above the tunnel to reach General Francois El Hajj Intersection, Karagulla Building and then turn left towards the Finish Line at Beirut Waterfront.